

Cable bridge rolling bridge



Article Overview

A cable bridge is a type of bridge supported by cables from towers, while a rolling bridge is a therapeutic exercise for the back, glutes, and core.

Cable Bridge

A cable bridge, often called a cable-stayed bridge, features one or more towers (pylons) from which cables directly support the bridge deck. The cables typically form a fan-like or parallel pattern, transferring the load from the deck to the towers. This design is optimal for medium to long spans, longer than cantilever bridges but shorter than suspension bridges, and has been widely used since the late 19th century . Examples:

- The Ed Hender Bridge in Washington, also known as the Tri-Cities cable bridge, was the first major cable-stayed bridge in the U.S. and the second-longest concrete cable-stayed bridge in the world when it opened in 1978 .
- The Brooklyn Bridge combines cable-stayed and suspension elements, spanning the East River in New York City . Cable bridges are celebrated for their aesthetic appeal, structural efficiency, and ability to span large distances without intermediate supports.

Rolling Bridge

A rolling bridge in fitness is an exercise and therapeutic technique designed to strengthen the glutes, core, and lower back while promoting spinal mobility and relaxation. The exercise involves three main phases:...

Article Content

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The Rolling Bridge

This unique bridge allows pedestrians to cross a river or canal, and lets ships pass

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Issue 41 use this

Rolling lift bascule bridges are characterised by the cylindrically-curved end of the bascule girders or trusses, which roll on tracks. As

Oct 16, 2025

Rolling Lift Bridge: How It Works, Diagram & Examples

Rolling lift bridge explained — how Scherzer-style bascule spans roll back on curved tread

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The Rise of the Cable-Stayed Bridge

Suspension bridges also require large anchors—typically huge blocks of concrete—at either

May 18, 2026

Cable-stayed bridge

Øresund Bridge from Malmö to Copenhagen in Sweden and Denmark A cable-stayed bridge is a type of

Jul 27, 2025

Movable Bridge Engineering

This article describes the advantages of movable bridges, the origins of misalignment in these bridges, and the various problems

Jul 08, 2026

The Rolling Bridge - London | CECR

But, Heatherwick had the vision “of a steel pedestrian bridge rising up over a canal inlet and

Feb 13, 2026

John A Roebling Suspension Bridge > Home

The bridge is an engineering marvel that employed several new bridge-building techniques. Perhaps its most impressive features are

May 11, 2026

Cable-Stayed Bridges: Evolution, Structural Behaviour

This article explores cable-stayed bridges, components, analysis, and design. It also

Feb 09, 2026

Characteristics Comparison and Case Study of Traditional Anti-Slip ...

The rolling saddle is used with the all-welded casting process, but its technology is relatively immature and the

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Bascule bridge

A bascule bridge (also referred to as a drawbridge or a lifting bridge) is a moveable bridge with a counterweight that continuously

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Rolling Bridge, London

Rather than design a single rigid element that moves to allow traffic through, the Rolling Bridge opens by slowly and smoothly curling

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Rolling bridge

Guthrie rolling bridge, a type of retractable bridge, also known as a thrust bridge

Rolling bascule bridge, a type of bascule bridge

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NOVA Online | Super Bridge | Cable-Stayed Bridges

Cable-stayed bridges may look similar to suspensions bridges—both have roadways that hang from cables and both have towers.

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The Rolling Lift Bridge

The rolling lift bridge is a form of bascule bridge, the characteristics of which are simplicity of working and

Mar 05, 2026

50 years ago: Cable spinning for the Forth Road Bridge

On 17 November 1961 the first four wires of the cables on the new Forth Road Bridge were hauled over the tops of the

Mar 16, 2026

London Bridge Is Curling Up

Popularly known as the Rolling Bridge, it was designed for foot traffic by Thomas Heatherwick, a 34-year-old Briton

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The Rolling Bridge

The Rolling Bridge was conceived by Thomas Heatherwick. It consists of eight triangular sections hinged

Oct 05, 2025

Rolling Bridge / Thomas Heatherwick

Thomas Heatherwick 's Rolling Bridge, completed in 2004 at Grand Union Canal Paddington Basin, London, is one of the most

Dec 30, 2025

Cable bridges and cable protection from GIFAS ELECTRIC!

Cable bridges: safety and order for your cables Cable bridges are indispensable for the safe laying and protection of cables in

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archKIDecture || architecture for kids || eiffel tower

Rather than design a single rigid element that fractures to allow river traffic through, Heatherwick Studio's Rolling Bridge opens by

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Cable Structures in Bridge Engineering

Cable structures are used extensively in bridge engineering, including stayed cables of cable-stayed bridges, main

Feb 16, 2026

Structural Analysis and Design of Moveable Bridges

Cable-stayed swing bridges are basically the combination of two types of bridges: swing and cable-stayed bridges. This arrangement

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A-Z advent calendar: Rolling Bridge by Thomas Heatherwick

The latest addition to our Christmas countdown of bridges is Thomas Heatherwick's Rolling Bridge in west London,

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Rolling — SWING-LO SUSPENDED SCAFFOLD COMPANY

Rolling Get access to the entire length of the bridge Not all steel I-beam flanges offer a smooth track to move your suspended

May 02, 2026

Cable ferry

A cable ferry (including the types chain ferry, rope ferry, swing ferry, floating bridge, or punt) is a ferry that is guided (and in many

Jul 31, 2025

The Rolling Bridge

The Rolling Bridge is a kinetic sculpture, and a unique type of curling moveable bridge, completed in

Jun 08, 2026

Cable-stayed bridge | Definition & Facts | Britannica

Cable-stayed bridge, bridge form in which the weight of the deck is supported by a number of nearly

Aug 17, 2025

Heatherwick's Rolling Bridge

This is what enables the bridge to curl. The Rolling Bridge was constructed at

Nov 15, 2025

Cable loss performance investigation of cable-stayed bridge equipped ...

An isolated cable-stayed bridge was studied under three seismic events of San Fernando, Northridge, and Imperial

Jul 09, 2026

Rolling Bridge in London

Rolling Bridge Cristina Bejarano/cc by 2.0 Rolling Bridge Albin Olsson/cc by-sa 3.0
SEANETTA / Atlas Obscura User

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Cable structure | Cable Bridges, Suspension Bridges, Tension

Cable structure, Form of long-span structure that is subject to tension and uses suspension cables for support. Highly efficient, cable

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Bridge Rigging

Catenary Cable / Rolling Scaffold For bridge floor system inspections or similar lateral access needs,

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Cable Structures in Bridge Engineering

These types of cable structures can offer an elegant and economic bridge alternative. They have become a primary choice for long

Oct 15, 2025

Rolling Lift Bridge: How It Works, Diagram & Examples

William Scherzer patented the design in 1893, and the Scherzer Rolling Lift Bridge

Jun 27, 2026

Cable-stayed bridge

Unlike other cable-stayed types, this bridge exerts considerable overturning force upon its foundation, and

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