

How to strip the wires from a 4-core optical cable



Article Overview

Stripping a 4-core optical cable requires careful, stepwise removal of the outer jacket, aramid fibers, and individual fiber coatings using specialized tools to avoid damaging the fibers.

Tools You Will Need

- Fiber optic cable stripper with multiple grooves for different coating sizes
- Kevlar or aramid scissors for cutting strength fibers
- Utility knife or precision cutter for the outer jacket (optional for thick jackets),
- Lint-free wipes and alcohol for cleaning
- Needle-nose pliers (optional for handling fibers),

Step-by-Step Process

1. Prepare Your Workspace Ensure a clean, well-lit area free of dust and debris. Lay out all tools within easy reach and inspect the cable for damage or kinks . 2. Cut the Cable to Length Use kevlar scissors to cut the cable cleanly at the desired point. This prevents fraying and makes stripping easier . 3. Strip the Outer Jacket

- Use the largest groove on your fiber optic stripper or a utility knife to carefully cut around the outer jacket.
- Remove approximately 2 inches (50mm) of the jacket, taking care not to nick the underlying aramid fibers

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An easy-to-understand introduction to fiber optics (fibre optics), the different kinds of fiber optic cables, and how light

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Video No. 4 shows how to strip the fiber to the proper length for the connector being

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This is a quick video that I made to demonstrate how to strip electrical wire. I use Romex

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NKT Photonics App notes

Small core fibers Coupling to small-core PCFs can be realized with relatively high coupling efficiency using a bulk optics set-up

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How to Strip Wire

In a pinch, you can strip almost any wire or cable with nothing more than a sharp pocket

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Tips & Techniques for Using Stripping Tools on Fiber Optic Cable

If the blade of the strip tool contacts the bare fiber, it's easy to scratch the fiber OD, reducing product reliability. Click

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Cable Stripping

To ensure that your cable will perform well with WLP, it will need to be stripped correctly.

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Fiber U Lesson Plan: Basic Skills Lab, Remote

You have successfully completed this exercise when you have been able to strip the jacket and both buffer coating layers from the

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How to Use a Wire Stripper Safely | Lowe's

Learn how to use a wire stripper for electrical projects safely and efficiently, ensuring clean and precise cuts.

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The Ultimate Guide to 4 Core Optical Cable: Specs,

In the world of network infrastructure, the 4 Core Optical Cable is arguably the most

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How to Strip Multi-Conductor Cables | Cable Stripping Guide

Whether you're making upgrades to an existing wiring configuration or starting a new project from scratch, you'll need

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How To Prepare Your Fiber Optic Cable For Splicing

In this week's video, Ben Hamlitsch shows you how to cut, strip, clean, and cleave your

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Fiber U Lesson Plan: Basic Skills Lab, Remote

Lesson: Stripping Optical Fiber Cable Objectives: From this lesson you should learn:
How to use these tools to strip cable to the bare

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How To Strip (Wires and Cables)

Let's start with a story about how NOT to strip wires. Back in the day, I worked with a fellow

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How To Strip Fiber Optic Cable | Instructional

In this instructional video, Bob Licari, Test Equipment Product Manager, demonstrates a simple way to strip optical fiber.

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stripping fiber optic cables

I am stripping two 144F loose tube cables and one 48F loose tube cable. Please like,

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Fiber and Cable Stripper – Types, Uses & Guide

Fiber & Cable Stripper for Fiber Tools 1. FOS03 Fiber strippers remove the coating from the fiber optic cable to expose

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Strip cables | Made easy | Simply explained

Our guide explains what is important when stripping wires, what the 4-step method is all about and which tools are indispensable for

Mar 05, 2026

How to Terminate 4 core Fiber Optic Cable | MODF

This Video is about user side splicing for LCAPC and SPAPC both in MODF (Micro

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